

RSPOPUK DIPLOMA PROGRAMME AND FOUNDATION YEAR SUMMARY OF COURSE REQUIREMENTS

FOUNDATION YEAR

Study Committee	Meet with Mentor to determine annual plan, including any additional training requirements that may be required prior to starting the Diploma Course. Contact with Mentor a minimum of 6 times per year.
Community meetings	Joint students' and diplomates' meetings (attendance at 1 per year obligatory).
Peer groups	Establish and maintain regular contact of at least 3 hours per month with peer group.
Training seminars	Minimum requirement of 12 seminar days per year, excluding supervision seminars.
Personal therapy	Minimum requirement of 40 hours of personal therapy per year.
Study and reading	Begin study in the areas covered in the seminars attended, and areas relevant to any additional training requirements there may be.
End of year Mentor meeting	Acknowledge completion of Foundation Course and any additional study requirements. Inform Co-ordinator of Training in writing.

TRANSITION FROM FOUNDATION YEAR TO DIPLOMA COURSE

Personal Therapy	3 sessions processing his/her path at this juncture. Student to send the write-up of these sessions to the Co-ordinator of Training.
Mentor	Sends written confirmation to the Co-ordinator of Training of the student's completion of Foundation Year and any additional requirements and support for the student to transfer onto the Diploma training

DIPLOMA PROGRAMME

Study committee

Form committee within 3 months of registration onto training programme.

Phase I Studies - Course Requirements

Study Committee	One joint Study Committee meeting per year – annual plan. Contact with one Study Committee member 6 times per year. Contact with the other Study Committee members 3 times per year.
Community meetings	Joint students' and diplomates' meetings (attendance at 1 obligatory per year).
Peer groups	Establish and maintain regular contact of at least 3 hours per month with peer group
Training seminars	Minimum requirement of 12 seminar days per year, excluding supervision seminars.
Personal therapy	Minimum requirement of 40 hours of personal therapy per year.
Study and reading	Extensive study in all the areas covered in the phase I exams.

End of first year

Joint Study Committee meeting to review training and confirm path on Diploma Training. Make annual plan.

Phase I exams Registration: 3 months prior to exam date

Written permission from all Study Committee members sent to Co-ordinator of Training, stating student has met training requirements

After 12 months' training: Exams 1 and 2 only
After 18 months' training: any number may be taken.
All exams to be completed within 13 months, with at least 3 examiners.

Gateway to Practice Courses.

Attend all 5 courses.

Phase II studies

Personal therapy
Attendance at training seminars
Study committee contact, including formation of annual plan
Peer group work
Community meetings
Acquisition of skills and metaskills as a practitioner
Regular client practice
Client supervision
Personal supervision
Placement /practicum
Dissertation

Registration for Phase II exams - Stage 1 : Final 18 months

Occurs after determined 'ready' by the Study Committee for final 18 months pre- exam preparation.

Factors determining readiness:

Study Committee receives some samples of specific types of practical work on video, plus write-ups.
Outline plus 5,000 words of the dissertation.
Review of relevant portions of the journal.
Candidate is achieving certain skills and metaskills
Candidate then joins an exam-taking peer group

Registration for Phase II exams - Stage 2 : Final 3 months

Written confirmation of the following by each member of your Study Committee needs to be received by the Co-ordinator of Training:

450 client hours
90 hours client supervision
160 hours personal supervision
200 hours personal therapy
Practicum/placement completed
A course developed and conducted
Attendance at World Work
Copy of completed Dissertation – minimum 10,000 – maximum 20,000 words; or
Project plus 6,000 words
Payment of registration fee

RSPOPUK 4 YEAR DIPLOMA TRAINING

This is the minimum time scale possible for completion of the training. However, participants are not obliged to complete the course in 4 years, but rather to determine their pace with their Study Committee. In the event of taking longer than 4 years, annual requirements of therapy hours, seminar days, etc., must still be met.

YEAR 1

- Phase I
- Form Study Committee
- Make annual plan
- Meet course requirements – see Section 2.

YEAR 2

- 9-12 months – Register for Phase I exams numbers 1 and 2.
- Make annual plan
- 18 months – Register for remaining Phase I exams
- Complete all exams within 13 months of starting.
- Start Phase II
- Complete Gateway Courses

YEAR 3

- 24 months - Meet Phase II course requirements – see Section 2.
- Make annual plan
- 32 months – Register for Phase II exams - Stage 1

YEAR 4

- 36 months – Continue to meet Phase II course requirements
- Make annual plan
- 45 months – Register for Phase II exams – Stage 2
- 48 months – Finals.