



The Research Society for Process Oriented Psychology in the UK

ADMISSIONS PROCEDURE
FOUNDATION YEAR
&
DIPLOMA PROGRAMME
IN PROCESS ORIENTED PSYCHOLOGY

Thank you for your interest in applying to formally train in Process Work. The following Admissions Procedure is designed to inform interested people about how to go about applying for the RSPOPUK Foundation Year and the post-graduate Diploma Programme. Having followed this procedure, the school will be able to learn about the prospective student, his or her experience, personal interests, and professional goals and visions. Above all it is a chance to explore if either of these steps is right for the prospective student, and to discover and clarify the applicant's own patterns of learning, including personal growth and professional direction.

RSPOPUK has a clearly defined equal opportunities policy, and a rigorous understanding of the dynamics of rank, privilege and marginalisation. RSPOPUK is profoundly influenced by Dr. Mindell's concepts of deep democracy and the Big U, which are fundamentally supporting equal opportunities in all levels of experience. It endeavours to ensure that applicants are not discriminated against on the grounds of race, gender, age, sexual preference, class, disability or ethnic, religious or cultural preference.

Please note that in order to register in time all applications must be received at least six weeks prior to the next Admissions Panel. They are held every spring and autumn, and the dates are in the calendar in the annual programme.

ENTRY ONTO THE RSPOPUK FOUNDATION YEAR

Many people are interested in Process Work, yet the full Diploma Training does not meet everyone's professional and developmental path. Some applicants will approach the Foundation Year wanting a taste of Process Work in a structured way, to begin to go deeply into their studies, but not wanting to commit (at least for the moment) to the full Diploma training. Others will embark on the Foundation Year as the first step towards joining the Diploma Training. Either way, the Foundation Course provides an opportunity for people to experience fully the Process Work paradigm, to immerse themselves in their own process, and to connect with the discipline of meeting certain training requirements.

There is one entry point in January each year. The Admissions Panel meets in late autumn, and the dates are published in the annual programme and on the web. Prospective candidates need to register their applications with the Student Coordinator at least six weeks prior to the date of the Admissions Panel. The Foundation Year has been developed specifically for that student group, so as from January 2009 if there is not a minimum of six students, entry will be carried over till the following January.

Students who complete the Foundation Year will receive a written confirmation of attendance, which will not be license to work as a Process Oriented Psychotherapist or Process Worker; rather, it is to confirm a body of knowledge, experience and skill that can be added to your current portfolio.

All applicants need to go through the following procedure:

1. The prospective student attends at least one Process Work seminar and discusses with a Process Work practitioner his or her interest in entering the Foundation Year.

2. The Process Work practitioner and the prospective student work together thoroughly, for a minimum of one session. They explore the prospective student's personal and professional interests, practical situation, and the impulse to learn about Process Work.
3. The student will then write a summary of the session, which the facilitator signs. (The prospective student should also save a copy marking the beginning of his/her Process Work study journal for the Foundation Year.)
4. The Candidate is then required to fill in the attached application form stating why they are interested in Process Work and a few questions around their past educational and professional experience, and to include a write up of the session. The application includes the names of two referees who may or may not be contacted.
5. The Student Coordinator will pass on the application form to the Admissions Panel, which meets in the spring and autumn of each year. The applicant will be sent details of where and when to attend.
6. Applicants to the Foundation Year who are not wishing to continue in the Diploma Training need not have their academic and professional experience assessed by the Admissions Panel. However, this step is highly recommended, since at the end of the Foundation Year, should you then change your mind and wish to continue with the Diploma Training, you may need to wait before starting because extra areas of study still need to be fulfilled in order to meet a post-graduate level of training or the equivalent.
7. Upon completion of the Admissions Panel meeting, the committee will notify in writing, within 10 days, the Student Coordinator and the student of his or her acceptance onto the Foundation Year. If the applicant is not accepted, the reasons will be clearly communicated, with opportunity for discussion, and the applicant will receive a 50% refund of the fee.
8. After acceptance onto the Foundation Year, the Co-ordinator of Training will send the student a Training Handbook, which also includes final registration forms. These need to be completed and returned to the Student Coordinator. You will be welcomed as a new student at the next RSPOPUK Committee Meeting and on the Students/Diplomates e-mail string.

ENTRY ONTO THE RSPOPUK DIPLOMA IN PROCESS ORIENTED PSYCHOLOGY

Applicants to the Diploma Programme will need to show the capacity and commitment to develop the qualities that will make them suitable to become Process Oriented Psychologists. These include a lively and enquiring mind; a capacity for critical reflection and self-directed learning; an ability to listen and respond with compassion and respect; awareness of prejudice and the ability to respond openly to issues of race, gender, age, sexual preference, class, disability, ethnic, spiritual / religious and cultural difference; diversity awareness and sensitivity in relation to the political, socio-cultural and religious / spiritual contexts of people's lives; in-depth self-reflection; self-awareness and commitment to self-development.

Training and working as a psychotherapist is demanding and requires emotional competence and internal resources. Where possible, candidates should have relevant experience of working with people in a responsible role. (Training organisations should be able to substantiate the relevance of a candidate's experience.)

After completing the Foundation Year, and considering the qualities outlined above, students may wish to apply to the Diploma Programme. Several steps are outlined below to support the student, Mentor, and Admissions Panel in reviewing and reflecting on the student's experience in the Foundation Year, and to consider the application to the Diploma Programme.

1. The Foundation Year student and his or her Mentor, should discuss and review the student's experience in the Foundation Year. They should also review together all evaluations from faculty concerning the Foundation Year, and the student's readiness to enter the Diploma Programme in Process Work.

2. The student meets with a faculty member for a minimum of three sessions to carefully and thoroughly explore his or her process around entering the Diploma Programme in Process Work. This includes looking at the student's interests, gifts, and any pertinent concerns, as well as the underlying dreaming process. They will also work together on a night time dream. Working on the dream with the help of the facilitator will demonstrate the person's understanding of the dream and its relation to their path of learning and personal and professional goals.
3. The student will then write up the dream and a summary of the dream work. The facilitator will sign the write-up of the dream work. (The prospective student should also save a copy marking the beginning of his/her Process Work study journal for the Diploma training.)
4. The Process Work facilitator also informs the International Process Work facilitators about the prospective student's interest in joining the Diploma Programme in the UK. This is done at least one month prior to the interview date with the Admissions Panel. Any responses to this notification are shared and processed with the prospective student as well as with the members of the panel.
5. The prospective student is also asked to reflect in writing on the following: (two or three pages)
 - How he/she has experienced his/her personal growth during the Foundation Year, demonstrating an understanding of the interplay between personal growth and professional development.
 - When considering the 'enemies' of power, old age, clarity, and fear, reflect on how one or more of these themes represents both a difficult and positive challenge for their personal and professional development.
 - Though you do not yet need to know what your final project or dissertation will be, what ideas do you have at this point? As an exercise, you might consider – "If I were to start this project today, I would....." Describe the theme and a couple of possible research questions in a few words.

6 The prospective student sends 4 copies of the signed write-up of the dream work to the Student Coordinator, together with the reflections above, completed form attached, and fees. Copies of the write-up, reflection, completed record of hours form for the Foundation Year, and forms at the end of this document are sent to the members of the Admissions Panel.

7 The prospective student attends an interview with the Admissions Panel, to review and discuss the write-up, to explore further his or her personal path, and previous qualifications and professional interest in studying Process Work. Other topics will include the ability to be self-directed in a course of study, as well as practical issues concerning this commitment. There will also be opportunities for the applicant to ask questions or clarify any concerns about the Diploma Programme in Process Work.

8 Upon completion of the Admissions Panel meeting, the committee will notify in writing, within 10 days, the Student Coordinator and the student of his or her acceptance into the Diploma Programme. If the applicant is not accepted, the reasons will be clearly communicated, with opportunity for discussion, and the applicant will receive a 50% refund of the fee. (See qualities and competencies outlined at the beginning of this 'Entry onto the RSPOPUK Diploma' section.)

9 Upon acceptance onto the Diploma Course, the Student Coordinator will send the student a Training Handbook, which also includes final registration forms and other useful information about the training. The registration forms need to be completed and returned to the Student Coordinator. You will be formally welcomed as a new student at the next RSPOPUK Committee Meeting and on the Students/Diplomates e-mail string.

Admissions Panel

The Admissions Panel sits once a year, in the autumn.

The Admissions Panel is composed of at least three members of faculty of the RSPOPUK Diploma Programme. The committee is formed on a rotational basis. The Process Work facilitator who worked with the prospective student will not sit on the Admissions Panel for that student.

Post-graduate level or the equivalent

Entry into the professional Diploma training is at a “post-graduate” level, or the equivalent (to a psychology or applied social sciences degree), and therefore investigation into the applicant’s previous education and experience is required to fulfil this component. Wherever possible, credit will be given to previous appropriate professional and personal experience in relevant and non-academic fields. RSPOPUK makes appropriate considerations for APEL (Assessment of Prior Experiential Learning), CATS (Credit Accumulation Transfer System), and similar systems’ claims where relevant.

FEES

The initial three sessions exploring whether to become a student of either the Foundation Year or the Diploma Training will be paid directly as private session fees to the Process Work practitioner.

Administration and Admissions Panel Fee: £130

In the event that a prospective student’s application fails, 50% of the Admissions Fee will be refunded to the applicant.

Final Committee Meeting Fee: £120

This fee is due on admission to cover in advance the final Study Committee Meeting with all of its members. This final meeting is to support the student and Study Committee in creating closure.



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ADMISSIONS PROCEDURE

FOUNDATION YEAR

1. Name :
2. Address:
3. Telephone numbers:
4. Email:
5. Date of birth:
6. Name of Process Worker with whom you have had 1 session.
7. Please include 4 copies of :
 - A passport sized photo of yourself
 - A synopsis of your process of exploration
 - A resume of your educational and work experience
8. Names and contact details of two referees. Please state the nature of the relationship with you, personal or professional.
9. Signature:
10. Date:

Please send to: Student Coordinator, 32 Balgreen Avenue, Edinburgh EH12 5SU



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ADMISSIONS PROCEDURE

DIPLOMA PROGRAMME IN PROCESS ORIENTED PSYCHOLOGY

1. Name :
2. Address:
3. Telephone numbers:
4. Email:
5. Date of birth:
6. Name of Process Worker with whom you have had 3 sessions.
7. Please include 4 copies of :
 - A passport sized photo of yourself
 - A synopsis of your dream and process of exploration
 - A resume of your educational and work experience
 - Your responses to Point 5 on Page 2 of the Admissions Procedure, under 'Entry onto the Diploma'.
 - Completed record of hours for the Foundation Year.
8. Names and contact details of two referees. Please state the nature of the relationship with you, personal or professional.
9. Signature:
10. Date:

Please send to: Student Coordinator, 32 Balgreen Avenue, Edinburgh EH12 5SU